

MERIENDAS SNACKS

Marzo 2023



LUNES
MONDAY

MARTES
TUESDAY

MIÉRCOLES
WEDNESDAY

JUEVES
THURSDAY

VIERNES
FRIDAY

FRUTA
FRUIT

Manzana
Apple

SANDWICH INTEGRAL
WHOLEMEAL BREAD
SANDWICH

Pavo bajo en sal y
queso Edam
Fat free turkey and
Edam cheese

COCA DE LLANDA

SPONGE CAKE

PAN DE ROMBO
"ROMBO" BREAD

Jamón Serrano y
Tomate
Serrano Ham
& Tomato
(N a Y2 pechuga de
pavo con aceite y
tomate)

PAN INTEGRAL
WHOLEMEAL BREAD

Salchichón y AOVE
Iberian Spicy Sausage
and oil

FRUTA
FRUIT

Plátano
Banana

SANDWICH INTEGRAL
WHOLEMEAL BREAD
SANDWICH

Paté de Atún
Tuna pâté

COCA DE MANZANA

APPLE CAKE

PAN TRADICIONAL
TRADITIONAL
BREAD

Mortadela de
aceitunas y queso
Mortadella with olives
and cheese

PAN DE PUEBLO
"PUEBLO" BREAD

Lomo embuchado y
AOVE
Sliced cured pork
and oil

CHOCOLATE CON
CHURROS

CHOCOLATE AND
"CHURROS"



PAN DE ACEITE
OIL BREAD

Paté Finas Hierbas
Farmhouse pâté

FRUTA
FRUIT

Plátano
Banana

SANDWICH
INTEGRAL
WHOLEMEAL
SANDWICH

Queso manchego y
jamón braseado
Manchego cheese and
smoke ham

COCA DE CHOCOLATE

CHOCOLATE CAKE

PAN TRADICIONAL
TRADITIONAL
BREAD

Chorizo y AOVE
Chorizo and oil

PAN DE ACEITE
OIL BREAD

Pavo y aceite de
Pimentón dulce
Turkey and paprika oil

FRUTA
FRUIT

Manzana
Apple

PAN DE ROMBO
"ROMBO" BREAD

Sobrasada y queso
Sobrasada and
cheese

SANDWICH INTEGRAL
WHOLEMEAL BREAD
SANDWICH

Nocilla de avellana
Nutella

*Todos los días hay fruta disponible para aquellos alumnos que no quieran bocadillo.

*Fruit is available every day for those students who do not want a Sandwich.