



OCTUBRE OCTOBER

MERIENDAS SNACKS



LUNES MONDAY	MARTES TUESDAY	MIÉRCOLES WEDNESDAY	JUEVES THURSDAY	VIERNES FRIDAY
	PAN DE ACETTE OIL BREAD Lacón con Aceite de Romero Lacon with Rosemary Oil	FRUTA FRUIT Plátano Banana	SANDWICH INTEGRAL WHOLEGRAIN SANDWICH 2 Quesos con AOVE 2 Cheese with EVOO	COCA DE LLANDA SPONGE CAKE
PAN DE ACETTE OIL BREAD Atún y Pimiento Rojo Tuna with Red Pepper	PAN DE PUEBLO "PUEBLO" BREAD (NUR-Y2) Pechuga de Pavo con Aceite y Tomate (NUR-Y2) Turkey with Oil & Tomato (Y3-Y13) Jamón Serrano con Tomate (Y3-Y13) Serrano Ham with Tomato	FESTIVO BANK HOLIDAY	SÁNDWICH INTEGRAL WHOLEGRAIN SANDWICH Mortadela de Bolonia Bolonia Mortadella	COCA DE NARANJA ORANGE SPONGE CAKE
PAN DE ACETTE OIL BREAD Salchichón y AOVE Salami and EVOO	PAN DE PUEBLO RUSTIC BREAD Jamón Cocido y Tomate Cooked Ham & Tomato	FRUTA FRUIT Manzana Apple	SÁNDWICH INTEGRAL WHOLEGRAIN SANDWICH Sobrasada Mallorca y Queso Sobrasada & Cheese	COCA DE CHOCOLATE CHOCOLATE SPONGE CAKE
PAN ROMBO "ROMBO" BREAD Atún y Aceitunas Verdes Tuna with Green Olives	PAN INTEGRAL WHOLEGRAIN BREAD Chorizo con AOVE Chorizo with EVOO	FRUTA FRUIT Plátano Banana	SÁNDWICH INTEGRAL WHOLEGRAIN SANDWICH Pavo con Aceite de Pimentón Dulce Turkey with Sweet Paprika Oil	COCA DE MANZANA APPLE SPONGE CAKE
PAN DE PUEBLO "PUEBLO" BREAD Atún y Huevo Duro Tuna & Hard Boiled Egg	PAN DE ACETTE OIL BREAD (NUR-Y2) Pechuga de Pavo y Queso (NUR-Y2) Turkey with Cheese (Y3-Y13) Jamón Serrano y Queso (Y3-Y13) Serrano Ham & Cheese	FRUTA FRUIT Manzana Apple	SÁNDWICH INTEGRAL WHOLEGRAIN SANDWICH Queso Edam y Jamón Braseado Edam Cheese and Braised Ham	

*Todos los días hay fruta disponible para aquellos alumnos que no quieran bocadillo.

*Fruit is available every day for students who do not want a sandwich.